

Parent
and carer
information

WIN

Your school could win
an air quality kit, scooter
gear or a gardening set!



THE CLEAN AIR CHALLENGE

15-19 JUNE 2026



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THE CLEAN AIR CHALLENGE 2026!

Walk, wheel, scoot and cycle for cleaner air

Your school is taking part in this year's Clean Air Challenge and you can help make a difference!

By walking, wheeling, scooting or cycling during the challenge week and by joining any active travel events your school organises, you'll be helping to reduce air pollution and create a healthier environment for everyone.

Plus, your efforts could help your school win an amazing prize!

THE CHALLENGE

The Clean Air Challenge aims to get as many families as possible walking, wheeling, scooting and cycling. The challenge week is a fantastic opportunity to enjoy the numerous benefits of active travel, including:

- **Air Quality:** With National Clean Air Day on 18 June, you'll be joining people across the country to reduce emissions from car use and improve the quality of the air we breathe.
- **Health:** Helping your family achieve their daily recommended physical activity levels. Active travel contributes to the recommended 60 minutes of physical activity a day for children.
- **Wellbeing:** Improving mental health by providing time to talk and share, reducing stress, and connecting with nature.

Your school will be holding one or more events to encourage everyone to travel actively. Keep an eye on your school's communications for details on how to get involved and help your school have the chance to win an air quality kit, scooter gear or a gardening set. The Clean Air Challenge school competition is fully funded by the UK Government.

YOUR JOURNEY

Walking, wheeling, scooting and cycling are fun, healthy ways to travel. For those who may not be able to travel actively for their entire journey, there are still lots of other ways to make a difference.

Park and Stride – Park further away from your destination and walk or wheel for the final 5-10 minutes. This helps reduce unnecessary congestion near the school and air pollution caused by idling engines.

Scoot from the Boot – Pack the scooters in the back of your car and, just like Park and Stride, choose a safer location to park 5-10 minutes away, then scoot the rest of the journey.

Public Transport – Could all or part of your journey be taken by bus or train? Check with your local **bus** and **train** provider for more information.

Car share – Travel with friends or neighbours who are going in the same direction. Not only will this reduce congestion and emissions, but it will also save money! Combine with the Park and Stride option to benefit from some physical activity too.

No idling – When travelling by car is unavoidable, always remember to turn off your vehicle's engine when parked. Did you know idling a car for two minutes uses the same amount of fuel as driving one mile?