

Relationships & Sex Education (SRE) Policy



Ashley Junior School

Headteacher	Mrs C Bartolomeo
Date due for renewal	July 2027
Updated	July 2026

Reviewed	Reviewed by	Next review date	Summary of revisions
September 25	Full governing body	October 26 Cur. Gov.	
July 26	FGB	Academic Year 26/27	Policy re-written in light of the new RSE guidance and adopting new Kapow scheme of work.

1. Policy Development and Review

This policy has been developed in consultation with staff, governors and parents and reflects the statutory requirements for Relationships Education and Health Education, alongside the needs of pupils at Ashley Junior School.

The policy is reviewed annually by the Learning for Life (PSHE) Subject Leader, Senior Leadership Team and Governors to ensure that it remains compliant with current legislation and continues to meet the needs of our pupils.

This policy is available on the school website and from the school office upon request.

2. Statutory Requirements

At Ashley Junior School we teach Relationships Education and Health Education in accordance with:

Children and Social Work Act 2017

Education Act 1996

Equality Act 2010

Keeping Children Safe in Education

Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance

Relationships Education and Health Education are compulsory for all primary-aged pupils.

Sex Education is not compulsory in primary schools; however, Ashley Junior School chooses to provide additional age-appropriate non-statutory Sex Education for Year 6 pupils to support transition to secondary education.

3. Definition and Aims of RSE

At Ashley Junior School, we believe that Relationships and Sex Education is an important part of preparing children for life in modern Britain. Through our curriculum, pupils develop the knowledge, understanding, skills and attributes needed to build positive relationships, stay safe and maintain good physical and mental wellbeing.

RSE contributes significantly to safeguarding by helping children:

Understand healthy and unhealthy relationships.

Recognise and report concerns.

Understand personal boundaries.

Develop respect for themselves and others.

Stay safe online and offline.

Prepare for the physical and emotional changes associated with growing up.

We recognise that families are diverse and that all pupils should see themselves represented positively within the curriculum.

4. The 3 I's of RSE at Ashley Junior School

Intent

At Ashley Junior School, our intent is to provide a progressive, inclusive and age-appropriate RSE curriculum which:

Develops pupils' understanding of healthy relationships.

Supports positive mental health and wellbeing.

Promotes respect, kindness and inclusion.

Enables pupils to understand and manage change.

Equips children with the skills to stay safe in the real world and online.

Prepares pupils for the opportunities, responsibilities and experiences of later life.

Our curriculum is designed around the Kapow Primary RSE and PSHE Scheme of Work, which provides a progressive spiral curriculum that revisits and develops key knowledge and skills throughout pupils' primary education.

Implementation

RSE is taught through dedicated PSHE lessons using the Kapow Primary RSE and PSHE Scheme. Learning is carefully sequenced and revisited through a spiral curriculum model to deepen understanding over time.

At Ashley Junior School:

Years 3 and 4

RSE and PSHE are delivered using the Kapow Mixed-Age Long-Term Plan. This ensures that pupils in mixed-age classes receive a progressive curriculum without unnecessary repetition whilst covering all statutory content.

Units include:

Connecting with others: What helps us feel safe and included?

The online world: How should we communicate online?

Citizenship

Staying safe

Respectful relationships

Online safety and critical thinking

Growing up: How will my body and emotions change as I grow up?

Year 5

Year 5 follows the Kapow Standard Long-Term Plan. Pupils study:

My healthy self

Healthy relationships

Online influences

Citizenship

Growing up and puberty

Economic wellbeing

Year 6

Year 6 follows the Kapow Standard Long-Term Plan. Pupils study:

Future health and wellbeing

Standing up for themselves and others

Online influences and safety

Rights and responsibilities

Staying safe as they grow up

Transition to secondary school

Non-Statutory Sex Education

Ashley Junior School teaches an additional non-statutory Sex Education unit in Year 6 during Summer Term 2.

This unit complements statutory Relationships Education, Health Education and National Curriculum Science and includes age-appropriate learning about:

Human reproduction

Conception

Pregnancy

Birth

The purpose of this learning is to prepare pupils for secondary education and provide accurate, factual information in a safe and supportive environment.

Parents have the right to request withdrawal from this non-statutory Sex Education content.

Impact

Through our RSE curriculum, pupils will:

Know

How to develop healthy relationships.

How to stay safe online and offline.

How to recognise risks and seek support.

How their bodies and emotions change as they grow.

Understand

Respect, equality and diversity.

Personal boundaries and consent.

Physical and emotional wellbeing.

Be able to

Communicate effectively.

Make informed and responsible choices.

Show empathy and respect towards others.

Access help when needed.

Impact is monitored through:

Pupil voice

Learning walks

Book scrutiny

Teacher assessment

Monitoring of safeguarding themes

Parent and staff feedback

5. Inclusion

Ashley Junior School is committed to ensuring that RSE is inclusive and accessible to all pupils.

Teaching will be adapted where necessary to meet the needs of pupils with SEND. Kapow lessons include adaptive teaching strategies to ensure all pupils can access learning successfully.

Resources reflect a diverse society and promote equality, respect and inclusion.

6. Safeguarding and Confidentiality

RSE contributes directly to safeguarding by helping pupils understand:

Healthy relationships

Personal safety

Consent and boundaries

Online safety

Trusted adults and support services

Staff cannot offer absolute confidentiality. Any safeguarding concerns disclosed during lessons will be dealt with in accordance with the school's Child Protection and Safeguarding Policy.

7. Working with Parents and Right to Withdraw

Parents are the primary educators of their children and we value working in partnership with them. The dedicated parent zone on Kapow (see link below) answers many FAQ parents may have.

<https://www.kapowprimary.com/subjects/rse-pshe/curriculum/rse-pshe-parent-information/>

Parents will be informed when puberty and sex education units are due to be taught and may view curriculum materials upon request.

Parents cannot withdraw their child from:

Relationships Education

Health Education

National Curriculum Science

Parents may request that their child be withdrawn from the Year 6 non-statutory Sex Education unit taught during Summer Term 2.

Requests should be made in writing to the Headteacher.

Alternative educational provision will be provided during withdrawn sessions.

8. Roles and Responsibilities

Governing Body

Approves the policy.

Monitors statutory compliance.

Headteacher

Oversees implementation.

Ensures staff training and support.

Learning for Life Subject Leader

Leads curriculum development.

Monitors teaching and learning.

Supports staff.

Teaching Staff

Deliver RSE professionally and sensitively.

Follow safeguarding procedures.

Create a safe and respectful learning environment.

9. Monitoring and Evaluation

The effectiveness of this policy will be monitored through:

Curriculum monitoring

Lesson observations

Pupil voice

Staff feedback

Parent feedback

Governor monitoring

The policy will be reviewed annually or sooner if statutory guidance changes.